



ART EDUCATION CURRICULUM SESSION-2023-24

ART EDUCATION - Our Vision

At The Millennium School, we recognize the paramount importance of co-scholastic activities in nurturing well-rounded individuals. Aligned with CBSE guidelines, our curriculum integrates a diverse range of extracurricular pursuits alongside academic rigor. These activities serve as catalysts for holistic development, fostering creativity, leadership, teamwork, and critical thinking skills among students. From sports and performing arts to community service initiatives, our comprehensive approach to co-scholastic activities ensures that every student can explore their passions and develop a well-rounded personality. Through these experiences, we aim to empower our students to excel not only academically but also as socially responsible global citizens.

Objectives

The objectives of art education are to:

- help learners to consolidate past experiences and knowledge;
- introduce learners to different media and techniques and their use for creative and productive expression for common use;
- provide opportunities for development of awareness about folk arts, local specific arts and other cultural components leading to an appreciation of national heritage;
- assist learners to use artistic and aesthetic sensibility in day-to-day life situation;
- Enable learners to achieve a balanced growth as a social being in tune with our culture through project work.
- get acquainted with the life and work of the local artists/artistes;
- use resourcefully locally available material to make different products (objects) with the help of the community;
- Refine the sense of appreciation of the beauty of nature through the basic elements of art forms.

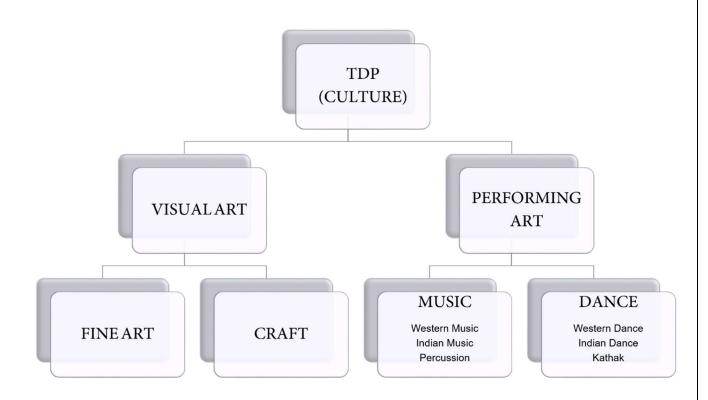
Art in Everyday School Activities:

Every school conducts a number of nonacademic activities every day, like the morning assembly, prize distribution, etc. A school needs to look for opportunities in these daily activities to infuse art and aesthetics into them. Every school should be able to:

- Describe the concept of art, art education and its place in the school curriculum;
- Recognize that every individual possesses creativity, and demonstrates it in various ways;
- Recognize that creativity can be enhanced;
- Identify and explain different stages of artistic development among children;
- Appreciate and plan art experiences for primary classes emphasizing on experiences, exploration, experimentation, rather than skills.

Art education at TMS is crucial for fostering holistic development, promoting creativity, and enhancing communication skills. Through various art forms like music, dance, drama, and visual arts, learners explore different means of expression and sharpen their senses. Engaging with diverse materials and techniques encourages self-discovery and cultivates personal style. Additionally, it instills an appreciation for cultural heritage and social values while fostering organizational skills and aesthetic sensibilities. By embracing creativity across various mediums, students develop a sense of order and respect for their environment, community, and personal growth.

At The Millennium School Co-scholastic (ART Education) is considered Talent Development Program Culture and is defined as follows-



SYLLABUS- VISUAL ARTS

• Fine Art

GRADE	DURATION	ACTIVITIES
Grade 3	April- May	Elements of Art Color Wheel, Primary, secondary Color
	July- Sep	Calligraphy, Pencil shading (Fruits), Lotus Drawing and Coloring, Fruits
		Basket, portrait coloring
	Oct- Dec	Rangoli design, Thread painting, Vegetable basket, Santa drawing
	Jan- March	Vegetable Stamping, Republic Day drawing, Warli Art, Pattern color filling
Grade 4	April- May	Elements of Art color wheel, Intro for Primary and Secondary colors,
		Flower drawing with color and shading.
	July- Sep	Drawing from oil pastel colors, Knife painting with Ice cream sticks,
		Poster making.
	Oct- Dec	Rangoli Drawing, Thread painting, Madhubani art, Gond Art.
	Jan- March	Stamping, Vegetable Basket, Warli Art.
Grade 5	April- May	Element of art-Color wheel, Flower Drawing
	July- Sep	Butterfly with watercolor, Warli art kulhad, Parrot with watercolor
	Oct- Dec	Rangoli Drawing, Thread Painting, Stamping
	Jan- March	Tree with pattern, knife painting, Madhubani art
Grade 6	April- May	Basic Element of Art (Line, Color, Value (Tone), Shape and Form, Space, proportion, Perspective, Texture) Object Based Exercises
	July- Sep	Parts of Face with shading, Lotus flower step by step, Lands Scape Drawing and Coloring
	Oct- Dec	Air blowing Technique (Butterfly), Rangoli Making, Bottle Painting
	Jan- March	Knife Painting, Warli Art on Mud Pot, Printing Technique
Grade 7	April- May	Basic Element of Art (Line, Color, Value (Tone), Shape and Form, Space, proportion, Perspective, Texture), Object base drawing
	July- Sep	Parts of body with shading, still life, Spray Technique
	Oct- Dec	Madhubani Painting, Rangoli Making, Printing/Stamping
	Jan- March	Glass Painting, Fabric Painting, Silhouette Painting
Grade 8	April- May	Basic Element of Art (Line, Color, Value (Tone), Shape and Form, Space,
01000		proportion, Perspective, Texture), Object base drawing
	July- Sep	Parts of body with shading, still life coloring and shading, Poster Making on "Self-reliant", Spray Technique
	Oct- Dec	Abstract Painting with Poster color, Gond Painting, Bottle Art
	Jan- March	Fabric Painting, Silhouette Painting

• Craft

GRADE	DURATION	ACTIVITIES
Grade 3	April- May	Mother's Day card, Craft for Save Earth
	July- Sep	Bubble sheet Fish, Origami craft, Clay modeling, Silly Hat
	Oct- Dec	Diya decoration, Paper Angel, Newspaper flower, Paper Christmas tree
		and New year card
	Jan- March	Kite making for Makar Sankranti, Tri color kite, Newspaper craft
Grade 4	April- May	Mother's Day Activity, Save Earth Activity,
	July- Sep	Clay modeling, Rakhi Making, Tri color wall hanging.
	Oct- Dec	Dussehra Activity, - Ravan Puppet, Paper Angel, New year card Wall
		Hanging with Newspaper.
	Jan- March	Tri color kite Origami craft Warli art on Kulhad.
Grade 5	April- May	Mother Day card
	July- Sep	Lady bird Paper collage, Rakhi making, Vase with newspaper coil
	Oct- Dec	Dusshera Activity, Wall hanging, Santa craft
	Jan- March	Rose with tissue paper
Grade 6	April- May	Mothers' Day Activity (Tiara/Sash), Table Mat (Earth Day), Card Making for Father Day (I Love My Papa)
	July- Sep	Rakhi Making, Independence Day-Tri-color Lantern, Dusshera Activity (Rawan Puppet)
	Oct- Dec	Mobile For Ghandhi Jyanti, Candle Decoration/Diya Decoration, Santa Craft
	Jan- March	Card Making for New Year, Paper Collage (Land Scap with Magazine paper/News Paper)
Grade 7	April- May	Earth Day Activity (News Paper Wall Hanging), Mother's Day crown
	July- Sep	Rakhi Making, Tri-Color wall hanging, Flower Bouquet,
	Oct- Dec	Best out of waste (Dussehra craft), Kandil Craft for Diwali, Christmas
		Craft
	Jan- March	News Paper Jewlery, Ghandhi Cap craft
Grade 8	April- May	Earth Day Activity (News paper Doll), Mother Day Activity
	July- Sep	Raksha Bandhan Gift, Ghandhi Jayanti craft
	Oct- Dec	Best out of waste (Dussehra Craft), Bandhanbar, Paper Bag for Christmas
	Jan- March	Lippan Art, Quilling Jewlery

SYLLABUS- PERFORMING ARTS- Music

• Western Music

GRADE	DURATION	ACTIVITIES
Grade 3	April- May	Vocabulary - tempo, pitch, rhythm, dynamics, singing simple melodies, clapping rhythms, playing basic melodies on instruments. Exercises for vocal Runs & Trills
	July- Sep	Introduction to Time Division - Counting beats, clapping and playing steady rhythms Introdution to Major scale & singing scale on Drone Intro to musical intervals - unison, octave, major second. Melody and Pitch - Recognizing high and low notes, Singing & playing melodies on instruments using
	Oct- Dec	different registers Introduction to Initial staff notation, identifying notes on the staff, Relation of staff to Instrument. Refining singing and playing skills, reviewing music vocabulary, exploring Christmas carols from different cultures, singing in harmony, performing for classmates or family.
	Jan- March	Introduction to basic chords, playing simple chord progressions on instruments, singing in two-part harmony. Learn to Identify elements like form, texture, and instrumentation in pieces of music. Revisiting concepts learned throughout the year, preparing and performing individual or group pieces for Class or school event.
Grade 4	April- May	Vocabulary - tempo, pitch, rhythm, dynamics, singing simple melodies, clapping rhythms, playing basic melodies on instruments. Exercises for vocal Runs & Trills
	July- Sep	Intro to Major scale & singing scale on Drone Intro to musical intervals - unison, octave, major second. Melody and Pitch - Recognizing high and low notes, Singing & playing melodies on instruments using different registers
	Oct- Dec	Refining singing and playing skills, reviewing music vocabulary, exploring Christmas carols from different cultures, singing in harmony, performing for classmates or family.
	Jan- March	Introduction to basic chords, playing simple chord progressions on instruments, singing in two-part harmony. Learn to Identify elements like form, texture, and instrumentation in pieces of music. Revisiting concepts learned throughout the year, preparing and performing individual or group pieces for Class or school event.
Grade 5	April- May	Develops the initial steps in singing, Identifies notes according to their values on any instruments,
	July- Sep	Rhythm, simple duple and triple rhythms. Melody songs with simple melodies. Make the children sing the scale of C major.

	Oct- Dec	Refining singing and playing skills, reviewing music vocabulary, exploring new rules from different cultures, singing in harmony, performing for
	Jan- March	classmates or family. Revisiting concepts learned throughout the year, preparing and performing individual or group pieces for Class or school event. Introduction to basic chords, playing simple chord progressions on instruments, singing in two-part harmony. Learn to Identify elements like form, texture, and instrumentation in pieces of music, preparing and performing individual or group pieces for Class or
Grade 6	April- May	school event. Exploring different musical styles and genres. Depth music vocabulary - tempo, pitch, rhythm, dynamics, Singing Complex melodies & playing on instruments Introduction to staff notation, identifying notes on the staff, playing simple melodies from notation.
	July- Sep	Counting intro to Time Signature - beats, clapping and playing steady rhythms, identifying simple time signatures, composing short rhythmic patterns Introduction to Scales and keys. Understanding - Major scales and Minor scales Melody and Pitch - Recognizing high and low notes, singing a variety of exercises from different octaves. Playing melodies on instruments using different registers.
	Oct- Dec	Playing dynamics and Expression - and singing with different dynamics (piano, forte, crescendo, decrescendo), Adding expression to music through body movement or facial expressions. Refining singing and playing skills, reviewing music vocabulary, exploring more complex rhythms and melodies. Music - Exploring Christmas carols from different cultures, singing in harmony, performing for classmates or School events
	Jan- March	Revisiting concepts learned throughout the year, preparing and performing individual or group pieces for Class or school event. Introduction to basic chords, playing simple chord progressions on instruments, singing in two-part harmony. Learn to Identify elements like form, texture, and instrumentation in pieces of music, preparing and performing individual or group pieces for Class or school event. Exploring different musical styles and genres. Exploring music technology like digital instruments, music production software, and online music resources.
Grade 7	April- May	Depth music vocabulary - tempo, pitch, rhythm, dynamics, Singing Complex melodies & playing on instruments
	July- Sep Oct- Dec	Science of music, high and low sounds, loud and soft sounds. Students learn the lyrics and the tune of the anthems and songs Listen, sing, and perform simple melodies in major keys. Concept of Major and Minor sounds
	Jan- March	Concept of Major and Minor sounds Revisiting concepts learned throughout the year, preparing and performing individual or group pieces for Class or school event.

		Introduction to basic chords, playing simple chord progressions on
		instruments, singing in two-part harmony.
		Learn to Identify elements like form, texture, and instrumentation in pieces
		of music, preparing and performing individual or group pieces for Class or
		school event. Exploring different musical styles and genres.
		Exploring music technology like digital instruments, music production
		software, and online music resources.
Grade 8	April- May	All harmonic and melodic, minor scale with and without key signature,
		Discussion the different functions such as national, religious, school and
		social, Let the children understand old and new music and let them
		understand the difference.
	July- Sep	Counting intro to Time Signature - beats, clapping and playing steady
		rhythms, identifying simple time signatures, composing short rhythmic
		patterns
		Introduction to Scales and keys. Understanding - Major scales and Minor
		scales
		Melody and Pitch - Recognizing high and low notes, singing a variety of
		exercises from different octaves. Playing melodies on instruments using
		different registers.
	Oct- Dec	Playing dynamics and Expression - and singing with different dynamics
		(piano, forte, crescendo, decrescendo), Adding expression to music through
		body movement or facial expressions.
		Refining singing and playing skills, reviewing music vocabulary, exploring
		more complex rhythms and melodies.
		Music - Exploring Christmas carols from different cultures, singing in
		harmony, performing for classmates or School events
	Jan- March	Revisiting concepts learned throughout the year, preparing and performing
		individual or group pieces for Class or school event.
		Introduction to basic chords, playing simple chord progressions on
		instruments, singing in two-part harmony.
		Learn to Identify elements like form, texture, and instrumentation in pieces
		of music, preparing and performing individual or group pieces for Class or
		school event. Exploring different musical styles and genres.
		Exploring music technology like digital instruments, music production
		software, and online music resources.

• Indian Music

GRADE	DURATION	ACTIVITIES
Grade 3	April- May	Concept of Notes sa,re,pa,ga,ma,pa,dha,ni & Combination of notes.
		Alankaars No. 1 to 5. Counting of 16 beats.
		A Small Prayer song with proper interlude & prelude music and Taal.
	July- Sep	Changes of Notes (ni & ga komal), Alankaar no. 1 to 5 with changes of
		Notes. Teen Taal with Theka.
		A Patriotic song & a song for Dussehra celebration.

	Oct- Dec	Theory- Aroha, Avaroha, Alankaar, Taal, Swar.
		A Motivational song & a Prayer song.
	Jan- March	A Ganesh Vandana with Raag based, Preparation for Republic Day and the revision of all the previous concepts.
Grade 4	April- May	Concept of Notes sa,re,pa,ga,ma,pa,dha,ni & Combination of notes. Alankaars No. 1 to 5. Counting of 16 beats. A Small Prayer song with proper interlude & prelude music and Taal.
	July- Sep	Changes of Notes (ni & ga komal), Alankaar no. 1 to 5 with changes of Notes. Teen Taal with Theka. A Patriotic song & a song for Dussehra celebration.
	Oct- Dec	Theory- Aroha, Avaroha, Alankaar, Taal, Swar. A Motivational song & a Prayer song.
	Jan- March	A Ganesh Vandana with Raag based, Preparation for Republic Day and Revision of all the previous concepts.
Grade 5	April- May	Concept of Scale, Voice culture, Semi- classical prayer song.
	July- Sep	A Patriotic song for Independence day and A motivational song. Practice of Alankaars and Taal.
	Oct- Dec	Preparation for Dussehra, Diwali and Christmas celebration. Discussion of theories.
	Jan- March	Introduction of Indian Instruments Xylophone and Melodica Harmonium and Sitaar.
Grade 6	April- May	Concept of Scale, Voice culture, Semi- classical prayer song.
	July- Sep	A Patriotic song for Independence day and A motivational song. Practice of Alankaars and Taal.
	Oct- Dec	Preparation for Dussehra, Diwali and Christmas celebration. Discussion of theories.
	Jan- March	Playing of Indian Instruments Xylophone, Melodica and Harmonium.
Grade 7	April- May	Playing of Raag Bhopali in Indian Instruments Xylophone, Melodica, Harmonium and Sitaar.
	July- Sep	A Patriotic song A semi- classical prayer song A motivational song and practice of all the Alankaars & Taal.
	Oct- Dec	Voice culture, Voice Techniques, Taal, and Lay. Practice of songs & instruments for Dussehra, Diwali & Christmas.
	Jan- March	Preparation for Republic day & Basant Panchami. Revision of all the Concepts.
Grade 8	April- May	Playing of Indian Instruments Xylophone, Melodica, Harmonium and Sitaar.
	July- Sep	Raag Bhupali with instruments (Aroha, Avaroha, Sthai Antara and Taan).
	Oct- Dec	Voice culture, Voice Techniques, Taal, and Lay. Practice of songs & instruments for Dussehra, Diwali & Christmas.
	Jan- March	Preparation for Republic day & Basant Panchami. Revision of all the Concepts.

• Percussion

GRADE	DURATION	ACTIVITIES
Grade 3	April- May	1. Brief introduction to percussion instruments.
		2. Sound of different percussion instruments.
		3. Introduction of beats rhythm and tempo.
	July- Sep	1. Four beat rhythm on hand
		2. Four beat rhythm on bongo and Djamba
		3. Accompaniment with the small rhymes.
	Oct- Dec	1. 2 variations of the 4 beats rhythm
		2. Small Pickup and small ending parts.
	Jan- March	Practice of percussion instrument ensemble
Grade 4	April- May	1. Brief introduction to percussion instruments.
		2. Sound of different percussion instruments.
		3. Introduction of beats rhythm and tempo.
	July- Sep	1. Four beats & sixteen beats rhythm on hand
		2. Four beats rhythm on Bongo, Cajon and Djembe
		3. Accompaniment with the small rhymes.
	Oct- Dec	1. 2 variations of the 4 beats rhythm
		2. Small Pickup and small ending parts of the rhythm.
	Jan- March	Practice of percussion instrument ensemble
Grade 5	April- May	1. Brief introduction to percussion instruments.
		2. Sound of different percussion instruments.
		3. Introduction of beats rhythm and tempo.
		4. Concept of Tala
		5. What is the importance of tala in music
	July- Sep	1. 4/4 & 6/8 rhythm on hand
		2. 4/4, 6/8 rhythm on Bongo, Cajon, Djembe & Jazz Drum
		3. Hand posture of Tabla & practice of na sound on Tabla
		4. Accompaniment with the songs.
	Oct- Dec	1. 4/4 & 6/8 rhythm on hand
		2. 4/4, 6/8 rhythm on Bongo, Cajon, Djembe, Jazz Drum, & Sixteen beats
		[Teen tala] on Tabla
		3. Accompaniment with the song
	Jan- March	Practice of percussion instrument ensemble
Grade 6	April- May	1. Brief introduction to percussion instruments.
		2. Sound of different percussion instruments.
		3. Introduction of beats rhythm and tempo.
		4. Concept of Tala
		5. What is the importance of tala in music
	July- Sep	1. 4/4 & 6/8 rhythm on hand
		2. 4/4, 6/8 rhythm on Bongo, Cajon, Djembe & Jazz Drum
		3. Hand posture of Tabla & practice of na sound on Tabla
		4. Accompaniment with the songs
	Oct- Dec	1. 4/4 & 6/8 rhythm on hand

		2. 4/4, 6/8 rhythm on Bongo, Cajon, Djembe, Jazz Drum, & Sixteen beats
		[Teen tala] on Tabla
		3. Accompaniment with the song
	Jan- March	Practice of percussion instrument ensemble
Grade 7	April- May	1. Brief introduction to percussion instruments.
		2. Sound of different percussion instruments.
		3. Introduction of beats rhythm and tempo.
		4. Concept of Tala
		5. What is the importance of tala in music
		6. History of percussion instrument Bongo & Djembe
	July- Sep	1. 4/4 & 6/8 rhythm on hand
		2. 4/4, 6/8 rhythm on Bongo, Cajon, Djembe & Jazz Drum
		3. Hand posture of Tabla & practice of na sound on Tabla
		4. Accompaniment with the songs
		5. Different type of Rhythm variation
	Oct- Dec	1. 4/4 & 6/8 rhythm on hand
		2. 4/4, 6/8 rhythm on Bongo, Cajon, Djembe, Jazz Drum, & Sixteen beats
		[Teen tala] on Tabla
		3. Accompaniment with the song
		4. Different type of Rhythm variation
	Jan- March	Practice of percussion instrument ensemble
Grade 8	April- May	1. Brief introduction to percussion instruments.
		2. Sound of different percussion instruments.
		3. Introduction of beats rhythm and tempo.
		4. Concept of Tala
		5. What is the importance of tala in music
		6. History of percussion instrument Bongo, Djembe & Tabla
	July- Sep	1. 4/4 & 6/8 rhythm on hand
		2. 4/4, 6/8 rhythm on Bongo, Cajon, Djembe & Jazz Drum
		3. Hand posture of Tabla & practice of na sound on Tabla
		4. Accompaniment with the songs
		5. Different type of Rhythm variation
	Oct- Dec	1. 4/4 & 6/8 rhythm on hand
		2. 4/4, 6/8 rhythm on Bongo, Cajon, Djembe, Jazz Drum, & Sixteen beats
		[Teen tala] on Tabla
		3. Accompaniment with the song
		5. Different type of Rhythm variation
	Jan- March	Practice of percussion instrument ensemble

SYLLABUS- PERFORMING ARTS- Dance

• Western Dance

GRADE	DURATION	ACTIVITIES
Grade 3	April- May	Old school hip hop (rocking, walk it out tone wop, superman, party duck How to use movement in personal space. and how to body roll and introduction of beats rhythm and tempo
	July- Sep	Old school hip hop basic movement bouncing, variation hoping, variations party duck variation rocking, variations and music knowledge
	Oct- Dec	Old school hip hop basic hoping variation and rocking variation rebook, grooving how to count the beats and explore movement in personal and general
	Jan- March	Students how to make connections between dance and other disciplines and non-locomotors movements such as bend, twist, stretch, and swing hip hop foundation (running man, smurf) kick ball change, and music choreography
Grade 4	April- May	Basic locomotors movement (walk, run, jump, lap, gallop, slide and skip) travelling forward, backward, sideward and old school hip hop basic (rebook, superman, bounce variation, the wop, running man
	July- Sep	Old school hip hop foundation groves, the wop variation, Roller skate, kick ball challenge, rock variation, Students how to make connections between dance and other disciplines and non-locomotors movements such as bend, twist, stretch, and swing.
	Oct- Dec	Basic fundamentals old school hip hop foundation grooves, stick & roll, bart simpson, alf, box step, Brooklyn, introduction of beats rhythm and tempo.
	Jan- March	Song choreography new school hip hop basic movement alt stomp, Bernie camel walk, Brooklyn variations how to one idea is expected in one other art form identify connections between dance and math (lines, patterns, and shapes)
Grade 5	April- May	Jazz foundation strength & conditioning v balance ,arm circle, arm, pulses, plank hold, crunches, down dog, extensions, grand plié, how to one idea is expected in one other art form identify connections between dance and math(lines, patterns, and shapes) introduction of beats rhythm and tempo
	July- Sep	Jazz foundations Lunges, isolations, flat back, head isolation, battement pas de burree, battlement kick, series' cross touch, fan kick and introduction of beats rhythm and tempo
	Oct- Dec	Jazz foundation hip circles, hip isolation, contraction, extension Chases, ball change, cross heel, hip walk, drag step, skip, with opposition in arms, heel tap, Jazz foundations Lunges, isolations, flat back, head isolation, batman pas de burree, battlement kick, series' cross touch, fan kick and introduction of beats rhythm and tempo
	Jan- March	Jazz foundation, placement (arms, backs, hips/legs, balance, floor work)warm up 15 minutes (head circles, shoulders and arms circles, side stretches, hamstring stretch sitting, split, ankle rolls/pointing and flexing

		feet, basic ballet (demi plié tendu, basic arm positions, arabesque, demi
Grade 6	April- May	Jazz foundation, placement (arms, backs, hips/ legs, balance, floor work)warm up 15 minutes (head circles, shoulders and arms circles, side stretches, hamstring stretch sitting, split, ankle rolls/pointing and flexing feet, basic ballet (demi plié tendu, basic arm positions, arabesque, demi pointe walk
	July- Sep	Jazz foundation strength & conditioning v balance, arm circle, arm, pulses, plank hold, crunches, down dog, extensions, grand plies, how to one idea is expected in one other art form identify connections between dance and math(lines, patterns, and shapes) introduction of beats rhythm and tempo
	Oct- Dec	Jazz foundations jazz walks, jazz parallel passé, kicks, Lunges, isolations, flat back, head isolation, battement pas de burree, battement kick, series' cross touch, fan kick, and introduction of beats rhythm and tempo
	Jan- March	Jazz foundations Lunges, isolations, flat back, head isolation, battement pas de burree, battlement kick, series' cross touch, fan kick(center work and across the floor) step hop, step hop, grapevine and pas de bourse and introduction of beats rhythm and tempo
Grade 7	April- May	Jazz foundation strength & conditioning V balance ,arm circle, arm, pulses, plank hold, crunches, down dog, extensions, grand plies, How to one idea is expected in one other art form identify connections between dance and math(lines, patterns, and shapes) introduction of beats rhythm and tempo.
	July- Sep	Jazz foundations jazz walks, jazz parallel passé, kicks, Lunges, isolations, flat back, head isolation, battement pas de burree, battement kick, series' cross touch, fan kick, and introduction of beats rhythm and tempo
	Oct- Dec	Jazz foundations jazz walks, jazz parallel passé, kicks, Lunges, isolations, flat back, head isolation, battement pas de burree, battement kick, series' cross touch, fan kick, and introduction of beats rhythm and tempo
	Jan- March	Jazz foundation, placement (arms, backs, hips/ legs, balance, floor work,)warm up 15 minutes (head circles, shoulders and arms circles, side stretches, hamstring stretch sitting, split, ankle rolls/pointing and flexing feet, basic ballet (demi plié tendu, basic arm positions, arabesque, demi pointe walk
Grade 8	April- May	Jazz foundation, placement (arms, backs, hips/legs, balance, floor work,)warm up 15 minutes (head circles, shoulders and arms circles, side stretches, hamstring stretch sitting, split, ankle rolls/pointing and flexing feet, basic ballet (demi plié tendu, basic arm positions, arabesque, demi pointe walk
	July- Sep	Jazz foundations jazz walks, jazz parallel passé, kicks, Lunges, isolations, flat back, head isolation, batmen pas de burree, battlement kick, series' cross touch, fan kick, and introduction of beats rhythm and tempo
	Oct- Dec	Jazz foundation strength & conditioning v balance, arm circle, arm, pulses, plank hold, crunches, down dog, extensions, grand plies, how to one idea is expected in one other art form identify connections between dance and math(lines, patterns, and shapes) introduction of beats rhythm and tempo

Jan- March	Jazz foundations Lunges, isolations, flat back, head isolation, batmen pas
	de burree, battlement kick, series' cross touch, fan kick(center work and
	across the floor) step hop step hop, grapevine and pas de bourse and
	introduction of beats rhythm and tempo

• Indian Dance

GRADE	DURATION	ACTIVITIES
Grade 3	April- May	Lok Nritya- Badhai (Folk Dance- Madhya Pradesh)
	July- Sep	Chhattisgarhi Indian Folk Dance (Maria & Karma) A TSOPA
		Rise-Up (Motivational Dance Form) Free Style
	Oct- Dec	Oceans- Hill song United (Ministry motivational song)
		Rajasthan Folk – Ghoomar (graceful dance form)
	Jan- March	Fusion Folk- Incredible India (Variety of dances)
Grade 4	April- May	Excerpts from the Ballet (Don Quixote)
	July- Sep	Indian Classical Traditional Basics of Bharatnatyam
	Oct- Dec	Punjabi Folk Bhangra & Gidda (hand & footwork)
		Oceans- Hill song United (Ministry motivational song)
	Jan- March	Gujarat Traditional Folk Dance- GARBA
		Cultural Folk dance- Colors of India)
Grade 5	April- May	Chhau popular Folk dance (Piece of Veer Ras)
	July- Sep	Indian Classical Traditional Basics of Bharatnatyam
		Des Rangila Mera- Independence day practice
	Oct- Dec	Cultural Folk dance- Colors of India
		Punjabi Folk Bhangra & Gidda (hand & footwork)
	Jan- March	Indian Freedom Fighter- Patriotic Dance form
		Preparation of Republic day
Grade 6	April- May	Ballet- Basics Vocab for Beginners & Exercises
	July- Sep	Chhau popular Folk dance (Piece of Veer Ras)
	Oct- Dec	Fitness Instrumental Cardio & Boost up Exercises
		Indian Classical Traditional Basics of Bharatnatyam
	Jan- March	Preparation of Republic Day
		Guajarati Garba- Indian Classical Mix Fusion
Grade 7	April- May	Chhau popular Folk dance (Piece of Veer Ras)
	July- Sep	Preparation of Independence day celebration
		Fusion Folk Dance- Bharatnatyam Form
	Oct- Dec	Nature Environment theme based Contemporary Dance form
	Jan- March	Save Water (Semi – Classical & Free style)
		Celebration of Republic Day
		Aisa Des Hai Mera- Preparation
Grade 8	April- May	Fusion Folk- Incredible India (Variety of dances)
	July- Sep	Chhattisgarhi Indian Folk Dance (Maria & Karma)
		Preparation & Practice of Independence day
	Oct- Dec	Save Water (Semi – Classical & Free style)

	Guajarati Garba- Indian Classical Mix Fusion
Jan- March	Indian Freedom Fighter- Patriotic Dance form
	Preparation of Republic day

• Kathak

GRADE	DURATION	ACTIVITIES
Grade 3	April- May	Introduction of Teen Taal
	July- Sep	Hastak
	Oct- Dec	Tatkaar, Ekgun, Dogun
	Jan- March	Tatkaar, Teegun, Chaugun
Grade 4	April- May	Introduction of Teen Taal, Ekgun, Dogun
	July- Sep	Guru Vandana
	Oct- Dec	Hastak
	Jan- March	Tatkaar, Teegun, Chaugun
Grade 5	April- May	Tatkaar, Footwork-12345
	July- Sep	Vishnu Vandana, Hastak
	Oct- Dec	Tukde, Chhand, Kavit
	Jan- March	Tihayee
Grade 6	April- May	Tatkaar, Footwork-12345
	July- Sep	Vishnu Vandana, Hastak
	Oct- Dec	Tukde, Chhand, Kavit
	Jan- March	Tihayee
Grade 7	April- May	Tatkaar, Footwork-12345
	July- Sep	Vishnu Vandana, Hastak
	Oct- Dec	Tukde, Chhand, Kavit, Tihayee
	Jan- March	Krishna Nirtak – Thunga Thuna
Grade 8	April- May	Tatkaar, Footwork-12345
	July- Sep	Vishnu Vandana, Hastak
	Oct- Dec	Tukde, Chhand, Kavit, Tihayee
	Jan- March	Krishna Nirtak – Thunga Thuna